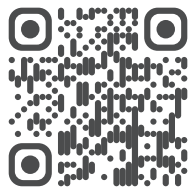


Application

- Referrals can be made by staff from hospitals, Medical Social Service Units, or social service organizations by completing the referral form.
- Service users/carers may also call or visit in person for enquiries, appointment bookings, and service applications.

Withdrawal from Service

Service users may apply to withdraw from the service via interview, telephone, or in writing. The center will cease follow-up when service objectives are achieved (e.g., having transitioned to Halfway House service for half a year, living stably in the community, or having bridged to appropriate services). Upon withdrawal, and with the service user's consent, responsible staff will provide appropriate referrals to assist in connecting with other social services or community resources.



www.sidebyside.org.hk

Service Hours

Please call for enquiries and appointment bookings in advance

	Mon	Tue	Wed	Thu	Fri	Sat
09:00 13:00	○	○	○	○	○	○
14:00 18:00	○	○	○	○	○	

- (852) 3706 9899
- (852) 3108 9198
- LHP@sidebyside.org.hk

In order to ensure quality service, the Service Quality Standards (SQSs) being established by the Social Welfare Department are adopted. Please contact us for any enquiries.

Date of Publication: December 2025
Print Quantity: 200



精神健康
Mental Wellness
精神復元人士過渡支援服務
Transitional Support Service for
Persons in Mental Recovery



Lighthouse Project

Transitional Support Service for Persons in Mental Recovery

Service Mission

To provide multi-disciplinary transitional support services for Persons in Mental Recovery (PMRs) who are in need of Halfway House services. Through recovery-oriented and medical-social collaboration models, we assist them in building support networks and adapting to the new living environments, so that they can move towards a stable life and reintegrate into the community.

Service Objectives

To provide transitional support for PMRs waiting for Halfway House services, assisting them in admitting to Halfway Houses, adapting to their new lives, and integrating into the community.

Target Group

Persons in Mental Recovery who are:

- Waiting for Halfway House services under the Social Welfare Department's "Central Referral System for Rehabilitation Services" (CRSRehab); and
- Residing in the designated service districts.

Service Districts

Kowloon City District, Yau Tsim Mong District, Sham Shui Po District, Kwai Tsing District, and Tsuen Wan District.

Service Features

- Medical-Social Collaboration:** We work closely with hospitals, Halfway Houses, and relevant service units to provide multi-faceted and individualized support, facilitating communication between service users, carers, and various stakeholders.
- Phased Transitional Support Model:** We provide seamless support from the waiting period to the admission stage, adjusting the intensity of intervention according to the service user's adaptation progress.
- Multi-disciplinary Team Partnership:** The service is delivered through a team collaboration model comprising Social Workers, Nurses (Psychiatric), Peer Supporters, and Carer Peer Supporters.

Service Content

Responsible staff will co-design and execute an "Individualized Recovery Plan" with service users to help them discover and utilize personal strengths, and support them in coping with adaptation needs and challenges throughout the transition period:

1. Halfway House Transition and Adaptation Support

Providing outreach support tailored to service users' needs at different stages:

- Waiting Stage:** Assisting service users in understanding and preparing for Halfway House admission, and supporting adaptation during the transition.
- Post-admission Follow-up (First 6 months):** Providing individualized support for service user to integrate into Halfway House life.
- Early Discharge Support:** Providing community living adaptation support and service bridging for service users who leave the Halfway House early within 6 months.

2. Counseling and Peer Support

Enhancing self-management capabilities and building support networks through multi-faceted interventions:

- Counseling & Self-management:** Improving physical and mental health management through Individualized Recovery Plans.
- Groups & Activities:** Promoting exchange of experiences on transitional adaptation between service users through group interactions.
- Peer Support:** Peer Supporters share recovery experiences, providing emotional support and encouragement as companions.
- Carer Support:** Promoting family interaction and communication through Carer Peer Support.

Fees

Core services specified under the Subvention and Service Agreement are free of charge. Fees may apply for specific groups and activities; please refer to announcements or enquire with staff for details.